

Guide to Visual Impairment Rehabilitation Services

Supporting you to remain independent



Visual Impairment Services in Derbyshire

Derbyshire County Council works alongside a range of voluntary sector providers to support people who have a sensory impairment. This leaflet provides information about visual impairment rehabilitation support services.

People who are profoundly Deaf or have a dual sensory loss can find further information about support in a separate leaflet. Information is also available in a range of alternative formats including audio, large print or easy read.

Visual Impairment Information and advice

There are approximately **9,500** people in Derbyshire who experience moderate or severe sight loss and who have a visual impairment. If you've recently received a diagnosis relating to an eye condition such as Age Related Macular Degeneration or Glaucoma it is likely you will have been given a lot of information and advice. Don't worry if you do not understand everything as there are people who can provide support and answer any queries you may have.

Visual Impairment information days

Visual impairment information days take place at locations across the county. At these events you and your family or carers can access information, practical advice and equipment to support you.

The events also provide an opportunity for you to meet other people with sight loss and find out about a range of equipment that may support you to remain independent.

Visual Impairment Rehabilitation

Visual Impairment rehabilitation involves a specialist rehabilitation worker visiting you at home. This could be as a one-off visit or a series of visits dependent on your needs. The worker will provide you with information, advice and practical help about remaining safe and well at home. This service is provided free of charge.

Some examples of advice that can be provided include:

- Arranging furniture so it is easy and safe to move around your home.
- Providing you with simple equipment to allow you to cook and undertake daily tasks.
- Providing practical advice and tips about personal home safety, communication, food preparation and wellbeing.

The rehabilitation process can also help you to get out and about in the local community by providing route planning or travel training.

The Visual Impairment Rehabilitation Service can be accessed more than once and should your personal circumstances change you can contact the service again.

For further information about this service see www.derbyshire.gov.uk/visualimpairment

Further information

Derbyshire County Council Adult Care department produces a range of information about its services and those provided by other organisations in the community. We provide information leaflets that can be downloaded or ordered from our website at **www.derbyshire.gov.uk/careinfo**, at a local office or via Call Derbyshire on tel: **01629 533190**.

You can also contact us by:

• Text: **86555** • Fax: **01629 533295** • Minicom: **01629 533240**

Leaflets are available in standard, large print and Easy Read versions and upon request in other formats such as Braille or alternate languages. We also have videos, including BSL conversions on our YouTube channel at **www.youtube.com/derbyshirecc**

The Adult Care Information Promise, a **FACT** you can rely on. We promise to provide you with:



Free information

Accurate information

Clear information

Trustworthy information

If you think we have broken our **FACT** promise, please let us know so we can make improvements.