# Friends or pretend friends

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How to stay safe from people who pretend to be your friend

# Easy Read Factsheet



People should treat you fairly and kindly.

If anyone treats you badly you must tell someone you trust.

# Most friends really are friends.



They care about you and treat you fairly.



Some people might pretend to be your friend and treat you badly.

When someone pretends to be your friend but treats you badly this is a Hate Crime.



Hate Crime is against the law and the Police will help you stop it.

## Here are some examples of Hate Crime.

#### John's friend borrows his mobile phone.



He uses up all the credit and never gives him any money back.

#### Susan's friend gives her a lift into town.



Town is only 3 miles away.

She charges Susan £30 which is far too much money.

#### Giuseppe gets paid on a Friday.



His friends come to see him on pay day.

They all go to the pub. His friends get Giuseppe to buy all the drinks.

#### Helen lives on her own in her flat.



Her friends are always coming round.

They leave the flat messy and eat all of her food. They never bring anything.

#### Tony's friends always pick on him.



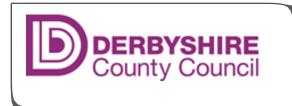
They call him nasty names.

They tell him he has to do what they say otherwise they won't be his friend.

## What to do if any of your friends are treating you badly.



Tell someone you trust. In an emergency phone 999 for the Police.



Derbyshire County Council help to protect people from abuse.

## Report abuse anytime by contacting 'Call Derbyshire':

- Phone: 01629 533190
- Text: 86555





## Always report crime to the Police.



Phone 101 to talk to the Police. Phone 999 in an emergency.

The Police will help you stay safe.

## Go to the Safety Net Project website for more information.



The Safety Net Project is run by The Association For Real Change

The website has more Easy Read information as well as videos you can watch.



www.arcuk.org.uk/safetynet

Go to www.derbyshire.gov.uk/keepingsafe to see all of our Keeping Safe Factsheets

If you feel you are being picked on you can also talk to Stop Hate UK by phoning this number.



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