



Community Alarms and Telecare in Derbyshire

Using technology and sensors to help you stay safe



Community alarms and Telecare

We have items that you can use to help keep you safe at home.

The three main services we offer are:

- Community alarms
- Telecare
- Falls Alert Service

On page 5 you can find out how to get community alarms, Telecare and the Falls Alert Service

Community Alarms



A community alarm has a pendant to wear around your neck, or a wrist band. These have buttons on.

If you are feeling unwell, or need help, you can press the button and someone will help you.

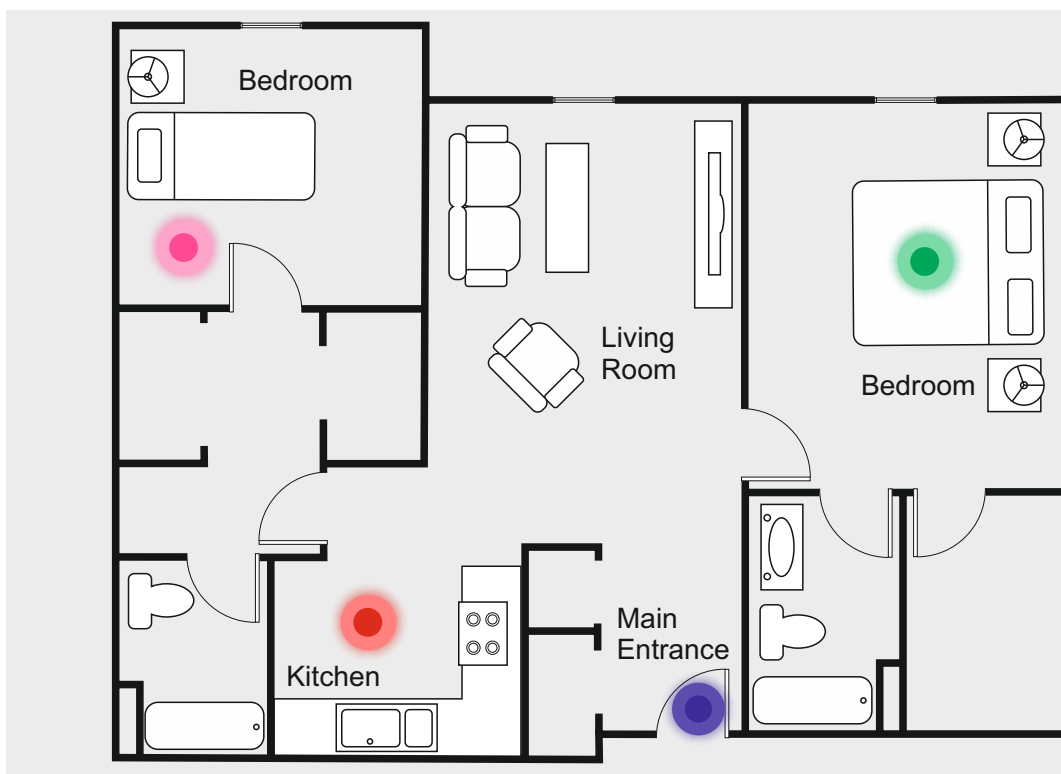


Someone will speak to you through a speakerphone. They will be able to contact your carer, family or the emergency services.

Telecare

We also have other sensors that can help you or tell if there is a problem in your home. For example:

- Sensors that can turn on a light when you get out of bed
- Sensors to tell someone you have fallen out of bed
- Sensors to let you know if you have left a tap running or the cooker on
- Sensors to let someone know if you have left the house without anyone knowing



If you have a worker, you can speak to them about getting telecare.

The Falls Alert Service



The Falls Alert Service is a range of telecare sensors for people who are more likely to fall.



The Falls Alert Service has sensors you can wear. The sensors can tell when you have had a fall, so you don't need to press a button.

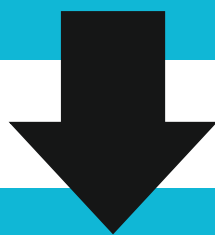


The sensors will send an alarm if you have fallen so that you can be get the help you need.

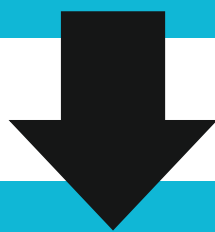
The sensors are free but you will need to pay if you use a monitoring service.

How do community alarms and telecare work?

You will press the button or the sensor will notice a problem



Your alarm will alert someone who will talk to you through a speakerphone.



They will get the right help for you. They could contact your family, carer, neighbour or the emergency services.



For telecare and community alarms to work in your house, you will need a land line telephone.



Some systems can contact your family or carers directly so they can get the help you need. But most systems connect a call centre and you will get help from a trained person.

How to get telecare and community alarm services



Any adult can access telecare and community alarms. Some people may have it in their support plan or you can buy telecare with your own money.

You can talk with your Adult Care worker about this.



If you don't have a support plan but think you need one you can ring Call Derbyshire on 01629 53319 and ask for an assessment.

For more information about buying community alarms, telecare and the Falls Alert Service yourself you can ring the phone number for your area:



Amber Valley tel: 0300 456 2531

Bolsover tel: 01246 242309

Chesterfield and North East Derbyshire tel: 0300 323 0076

Derbyshire Dales and Erewash tel: 01332 417554

High Peak tel: 01298 813395

South Derbyshire tel: 01283 228789

If you don't know which number to ring you can ring Call Derbyshire on tel: 01639 533190 to find out.

The Adult Care Information Promise – a **FACT** you can rely on.
We promise to provide you with:



Free information
Accurate information
Clear information
Trustworthy information

If you think we have broken our **FACT** promise, please let us know
so we can make improvements.

Call Derbyshire 01629 533190

