



# The Choice & Control Charter

Making Choices - Being in Control  
For people with learning disabilities





I have the right to be treated with respect and as a valued member of the community



I have the right to support to make plans for my life and to be told what is available



I have the right to take part in

- employment
- education
- leisure activities
- short breaks



I have the right to advocacy and to be included in meetings that are about me and the services I get



I have the right to support with my choice of friendships and relationships



I have the right to have someone listen to me if I am worried or upset and know something will be done about it



I have the right to have help to stay healthy



I have the right to a choice of where I live from the places available to me



I have the right to have help with communication in a way I understand and tell people what I want them to know



I have the right to equal rights to all the services I need

If you do not understand this or feel that others are not sticking to the charter then you can contact:

**Call Derbyshire 01629 533190**

This leaflet is available in braille, audio, large print and alternate languages on request. Please contact Call Derbyshire if you need to order a copy.

## **Choice & Control Charter**

### **Making Choices... Being in Control**



**January 2018**